



WORLD BRIDGE FEDERATION

International Sport Federation (IF) recognized by the International Olympic Committee

Prof. Paolo Walter Gabriele
Specialista in Neurochirurgia e Neurologia
Docente di Neurologia – Università degli Studi di Cassino
Via Bellini 5 - 03043 Cassino (Fr)
Tel. + 39 077624285 Fax +39 077625294
Mobile +39 3347479004 pw.gabriele@unicas.it

To all WBF NBOs

Many of you will be aware that last year in Lille a number of open and women team players were invited to participate in an anonymous survey about their lifestyles, health and medication and dietary supplement use. The results were extremely interesting and will be of great value in understanding needs and health issues in bridge players: for this reason, a further step in the research is planned, with a new questionnaire going to be administered to participants at the World Championships in Bali.

However, it is worthy of note that, at data analysis, it became apparent that a few players who, as expected by the nature of the survey, we are unable to identify personally, may have been taking medications which actually are included in the WADA prohibited list; which means that, in accordance with the current Anti-Doping Regulations, if they had been selected for testing in Lille, they could have failed the test and faced a potential ban.

It is precisely to prevent unexpected and unpleasant bans that it is very important that your Federation stays compliant to the WBF Regulations in this matter; therefore, we ask you to provide a link on your website to our pages concerning Anti Doping which can be found at:

<http://www.worldbridge.org/anti-doping-regulations.aspx>

Please check very carefully the regulations for applying for an exemption certificate (TUE) for any medication that is required– you will note that beta-blockers are no longer prohibited, but that diuretics are still a prohibited substance – and ensure that all of your players who are going to participate in World Championships are fully aware of the need to check their medication against the WADA prohibited list which can be found at www.wada-ama.org and, if necessary, apply for a Therapeutic Use Exemption certificate (TUE) using the forms available on the WBF Website.



Headquarters: Maison du Sport International – 54 av. de Rhodanie – 1007 Lausanne –Switzerland
President's Office: Via della Moscova 46/5 – 20121 Milano, Italy
Tel.: +39.02.36704987 - +39.02.36705962
president@worldbridgefed.com

Finally, we would like to remind you that requests for therapeutic exemption certificates (TUEs) must be completed in accordance with the procedures of WADA and be sent to the Commission at least 30 days before the beginning of any World Championships. For any further information you can contact the Medical Doctors responsible for the approval of the TUE, Dr Jaap Stomphorst - j.stomphorst@isala.nl - and Dr Giovanni Capelli - g.capelli@unicas.it , or to the Secretary of the Commission, Mrs Anna Gudge – anna@worldbridgefed.com

Thank you for your attention and for your cooperation.

Yours sincerely,

A handwritten signature in black ink, appearing to read "Paolo Walter Gabriele". The signature is written in a cursive, flowing style.

Prof. Paolo Walter Gabriele
Chairman, WBF Medical & Prevention Commission